Key Steps — Stand-pivot transfer — bed to chair

A University of Nebraska Medical Center (CAPTURE Falls) staff-training video. The checklist follows the transfer as demonstrated.

- ☐ 1. Assess the patient first: a stand pivot needs a patient who can bear weight through their legs and follow instructions. Get a second staff member if the assessment says so.
- ☐ 2. Position the chair at a slight angle beside the bed, on the patient's stronger side; lock the brakes of both the bed and the chair, and swing away or remove the footrests.
- ☐ 3. Sit the patient on the edge of the bed, feet flat on the floor a little apart, wearing non-slip footwear.
- ☐ 4. Fit a gait belt if that is your local practice. Stand close in front of the patient, knees bent, bracing their weaker leg with your own leg if needed.
- ☐ 5. Have the patient lean forward — nose over toes — with hands on the bed or the chair arms, never around your neck.
- ☐ 6. On a count of three, the patient pushes up through their legs and arms while you guide and steady them. The patient does the work; you do not lift.
- ☐ 7. Once standing, pause: let the patient find their balance and check they are not dizzy before moving.
- ☐ 8. Pivot together in small steps toward the chair until the backs of the patient's legs touch the chair's edge.
- ☐ 9. The patient reaches back for the chair arms, leans slightly forward, and lowers into the chair while you steady them.
- ☐ 10. Settle the patient with feet supported and the call bell in reach, and document the transfer and how it was tolerated.

Watch the demonstration: medicalvideos.com/watch/stand-pivot-bed-to-chair-no-assistive-device_xeTLTr1xMqJjvjF.html • More Patient Care & Mobility skills: medicalvideos.com/nursing/patient-care-mobility.html

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Steps summarise this demonstration for education and do not replace your institution's protocol, which always governs. Content reviewed by Dr. Mohamed Ibrahim, MD, PhD — physician-scientist. October 2026.