Key Steps — Foley catheter insertion

The key steps for this skill, in the order they are demonstrated in the video. Part of our Catheters, Tubes & Elimination skills collection.

- ☐ 1. Check the order and explain the procedure to the patient.
- ☐ 2. Open the catheter kit and arrange the sterile field.
- ☐ 3. Put on sterile gloves.
- ☐ 4. Bring the sterile field to the bed and position the drape.
- ☐ 5. Cleanse the area with the antiseptic swabs provided in the kit.
- ☐ 6. Insert the catheter through the urethra and advance it into the bladder until urine returns.
- ☐ 7. Inflate the balloon to anchor the catheter, then ease it back gently until it seats at the bladder neck.
- ☐ 8. Connect the catheter to the drainage bag and secure it so it cannot pull.
- ☐ 9. Clear away the kit, make the patient comfortable, and document the insertion.

Watch the demonstration: medicalvideos.com/watch/foley-catheter_d1bkiKlGtUatT4fAFMrO.html • More Catheters, Tubes & Elimination skills: medicalvideos.com/nursing/catheters-tubes.html
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Steps summarise this demonstration for education and do not replace your institution's protocol, which always governs. Content reviewed by Dr. Mohamed Ibrahim, MD, PhD — physician-scientist. October 2026.